

LUTHERAN HIGH SCHOOL NORTH

CRUSADERS

TRACK SCHEDULE - 2010

T, March 23	+Lutheran North	4:00 p.m.
S, March 27	Washington University Invitational	9:00 a.m.
W, March 31	+ at Trinity	4:00 p.m.
S, April 10	University City Charlie Beck Invitational	9:00 a.m.
S, April 17	+Lutheran North Relays	10:00 a.m.
R, April 22	ABC & MWAA Prelims at Principia (G)	4:00 p.m.
S, April 24	ABC/MWAA Finals at Principia (B/G)	9:00 a.m.
W, April 28	Clayton Invitational Prelims (B)	3:00 p.m.
R, April 29	+Lutheran North Girls Invitational (G)	4:30 p.m.
S, May 1	Clayton Invitational Finals (B)	9:00 a.m.
M, May 3	Principia (B/G)	
F, May 7	Freshmen Meet at Trinity	
S, May 8	Lutheran South Invitational	8:45 a.m.
T, May 11	+Lutheran North All-Comers Meet	4:30 p.m.
S, May 15	District Meet at MICDS	
S, May 22	Sectional Meet at Mexico	
F/S, May 28/29	State Meet at Jeff City	

HEAD COACH: JIM PRAHLOW

ATHLETIC DIRECTOR: MIKE RUSSELL
(3/14/10)