

J a n u a r y 2 0 1 0

CLASS OF 2010

FROM THE COUNSELING DEPARTMENT

FAFSA—Free Application For Federal Student Aid—File these beginning January 1st

Free Application for Federal Student Aid (FAFSA): The FAFSA is the application required to determine the eligibility for **Grants, Loans**, and **Work-Study**. A FAFSA worksheet is available on line at www.fafsa.ed.gov. **The FAFSA cannot be filed before January 1, of the student's senior year and should be filed as soon as possible after that date.** The paper FAFSA's are no longer available for order in bulk. LHSN will not have the paper applications available in the Counseling Center. Students will be able to obtain a paper FAFSA by calling the Federal Student Aid Information Center at 1.800.4.FED.AID (1.800.433.3243) or by visiting www.edpubs.org. Students may request up to three copies of the paper application and should receive their FAFSA's in three to seven business days. Attached to this newsletter is the FAFSA Worksheet to assist you in filling out your FAFSA.

Beginning in mid-November the PDF FAFSA will be available for download on various Federal Student Aid Web sites, such as www.FederalStudentAid.ed.gov. Students can access the PDF FAFSA, complete the form on the computer or by hand, and mail it to the address provided for processing.

The form can be rather intimidating and Saint Louis University sponsors free sessions to aid in completing the form, line by line. The dates are: January 10, 24, 31, and February 14, 21, and 28, 2010. All sessions will begin at 2:00 PM. All workshops will be held at the Busch Memorial Student Center. **If you want to determine your eligibility for any financial aid other than scholarships, you (along with your parents) MUST complete the FAFSA.**

Students and parents should each sign up for a PIN number. You can do this now at www.pin.ed.gov. The PIN allows you to sign your FAFSA form electronically. After you have completed the **FAFSA** and your information has been processed, you will be notified of your Expected Family Contribution (EFC). This is what the federal government, using their formulas, determines to be the amount that the family (*parent and student*) should be able to contribute towards the education of the student. The EFC remains constant whether you attend a low cost school such as St. Louis Community College at Florissant Valley, or a very high cost school such as Washington University. The website, www.finaid.org, provides a free program to estimate your **EFC**.

CSS Profile: This is a supplemental financial aid form required by a few selective colleges/universities. Check with the college/university, or Mr. Snyder or Mrs. Burreson, if you have questions about when to use the **CSS Profile**. A few schools have also produced their own institutional or supplemental forms.



**Any student hoping for any Grants, Subsidized Loans, or Work Study Jobs MUST complete the FAFSA.
We recommend that EVERY student and parent complete the FAFSA!!**

ACT PREPARATION AND STRATEGY CLASS

The Counseling Center is offering a 6-hour workshop, which may be of interest to you. If you are planning to take the ACT in February for the first time, or if you have taken the test before and wish to improve your ACT score, this workshop will be a benefit to you. Experience indicates that students, who ACTIVELY participate in similar classes, improve their ACT scores. The individual score increase depends, of course, on how much effort is put into preparation.

The fee for the six-hour workshop is \$65 and includes the cost of the ACT prep book. Rev. Darin Keener will be leading the course on three successive Wednesdays beginning January 13th. Registration information was distributed to juniors in December.

WEBSTER UNIVERSITY is offering ACT Prep classes on Saturdays throughout the 2009-2010 school year from 8:00 AM to 2:30 PM. Workshops will include: explanation of the ACT, diagnostic and intensive reviews of english, mathematics, reading and science portions, overview of the writing portion of the ACT, and lunch. The cost to attend is \$20 per class. You must register online to at explore.webster.edu/actworkshop to attend. The class dates are:

- January 16
- February 27
- April 24

CONGRATULATIONS

The following students have been accepted at a variety of Colleges and Universities. Here is a listing of the students and their acceptances. Please be sure to congratulate them!!

| | |
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| Hannah Appelbaum | Concordia University-Chicago Concordia University-Mequon Truman State University Ohio Wesleyan University |
| Shane Belfield | Northwest Missouri State University |
| Joshua Brackman | Concordia University-Nebraska Concordia University-Mequon Xavier University-Cincinnati |
| Alfreda Brown | Tuskegee University |
| Breyan Brown | University of Central Missouri |
| Candice Brown | Claflin University Alcorn State University South Carolina State University Bennett College Chicago State University Jackson State University Texas Southern University Claflin University |
| Zachary Burnett | University of Missouri-Kansas City Truman State University |
| Christina Burton | Saint Louis University Northwest Missouri State Univ University of Central Missouri University of Missouri-Columbia Concordia University-Chicago Missouri Western State University Concordia University-Nebraska Concordia University-Chicago |
| Jalessa Cain | Southern Illinois Univ-Carbondale |
| Kellin Carter | Kansas State University Ball State University |
| Louis Cross | Southern Illinois Univ-Carbondale Lincoln University |
| Cassandra Davis | Claflin University |
| Jaymi Davis | Oral Roberts University Claflin University Liberty University |
| Thomas Diedrich | University of Missouri-Columbia Missouri State University |
| Miriah Evans | Samford University |
| Lake Fluhr | University of Missouri-Columbia Mississippi Valley State University MO Univ of Science & Technology Saint Louis University |
| Samuel Gahr | St. Johns University Concordia University-Mequon Concordia University-St. Paul University of Missouri-St. Louis |
| Katharine Gregory | University of Central Missouri Missouri State University University of Missouri-Kansas City Saint Louis University |

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| Elizabeth Hanson | Concordia University-Nebraska Concordia University-St. Paul Concordia University-Mequon Concordia University-Austin |
| Kyle Harris | Iowa Wesleyan College Southeast Missouri State University University of Missouri-Kansas City |
| Clifton Holmes | Rockhurst University Missouri State University Carthage College |
| Karla Houston Kathryn Hussey | Saint Louis University University of Missouri-Kansas City University of Missouri-Columbia Truman State University |
| Bria James | Concordia University-Chicago Saint Louis University |
| Ashley Johnson | Northwest Missouri State University Concordia University-Nebraska Quincy University |
| Michelle Johnson Joshua Jones | University of Missouri-Kansas City Missouri State University Concordia University-Nebraska Concordia University-Chicago |
| Jeremy Joyner Tyler LaVo | Murray State University University of Missouri-Columbia Central Missouri State University MO Univ. of Science & Technology |
| Kristi Luther | University of Missouri-Columbia Truman State University |
| Christopher Mansfield | Truman State University University of Missouri-Columbia |
| Brendan Mark | Concordia University-Mequon University of Missouri-Columbia Missouri State University Concordia University-Chicago Saint Louis University MO Univ. of Science & Technology Concordia University-Nebraska Truman State University |
| Sharie Moen Sarah Moreland | Concordia University-Nebraska Southern IL Univ-Edwardsville Avila University Columbia College Northwest Missouri State Univ. |
| Steven Musselwhite Anthony Noble Ryan O'Hare | Concordia University-Mequon Blackhawk College Concordia University-Nebraska Lindenwood University Northwest Missouri State University |
| Hannah Pauluhn | Concordia University-Nebraska Millikin University |
| Emirah Piece Jonathan Plump | Southern Illinois Univ-Carbondale MO Univ of Science & Technology University of Missouri-Columbia |
| Adam Prahlow Elizabeth Renaud Joi Robinson Andrew Scherer | Concordia University-Nebraska University of Missouri-Kansas City University of Central Missouri Southeast Missouri State University Southern IL University-Edwardsville |
| Nathaniel Schmidtke | Northwest Missouri State University Murray State University University of Central Missouri |

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|---------------------|-------------------------------------|
| Jessica Scruggs | Southwest Baptist University |
| Gabrielle Simmons | Hannibal-LaGrange College |
| Christopher Solomon | Northwest Missouri State University |
| | DePaul University |
| | Concordia University-Nebraska |
| | Chaminade University-Honolulu |
| | Valparaiso University |
| | Ball State University |
| Jasmine Stewart | Xavier University |
| Lydia Strini | Truman State University |
| Adam Tanney | Concordia University-Nebraska |
| Jordan Tingle | Murray State University |
| | Southeast Missouri State University |
| | University of Memphis |
| Anna Truetken | University of Missouri-Columbia |
| Jessica Turner | Southern IL University-Edwardsville |
| | St. Louis Comm. Coll @ Forest Park |
| Danny Underwood | University of Missouri-Columbia |
| | Northwest Missouri State University |
| | Concordia University-Nebraska |
| | Loyola University-Chicago |
| | Truman State University |
| Troya Valdespino | University of Missouri-Columbia |
| | University of Missouri-Kansas City |
| | Concordia University-Nebraska |
| Caitlin Vasser | George Mason University |
| | University of Iowa |
| | University of Missouri-Kansas City |
| | University of Oklahoma |
| Jordyn Wartts | Xavier University-New Orleans |
| Nathan Wesche | Jackson State University |
| | Truman State University |
| | St. Louis College of Pharmacy |
| | Hampton University |
| Krista Wilson | University of Missouri-Kansas City |
| | Concordia University-Nebraska |

When you are accepted to a College or University, please be sure to let the Counseling Center know. We will add your name to the list!!!

COLLEGE PLACEMENT TESTS: ACT & SAT

ACT: www.act.org

February 6, 2010 - Register by Jan 5, 2010

April 10, 2010 - Register by March 5

June 12, 2010 - Register by May 7

ACT High school code - 262-985

SAT: www.collegeboard.com

March 13, 2010 - Register by February 4

May 2, 2010 - Register by March 25

June 5, 2010 - Register by April 29



- **REGISTRATION FORMS** for both tests are in the Counseling Center. These forms will give you dates, times, testing locations and other important details.
- Test registration forms take time to read and complete. It is important to do an accurate job when completing them because this information is sent to prospective colleges.

TUITION REDUCTION PROGRAM

This program provides opportunities for out-of-state students to enroll in participating institutions and designated academic degree programs at reduced tuition rates. The program offers a reduced tuition rate to Missouri residents who enroll in designated degree programs at participating schools in Kansas, Michigan, Minnesota, Nebraska, and North Dakota.

Participation in this program by states and schools is voluntary, and individual schools designate which degree programs qualify for the reduced tuition rate.

How much can I receive?

The reduced tuition rate is 150 percent of the regular in-state tuition charged at a public institution or a reduction of at least 10 percent of the regular tuition charged at independent institutions.

How can I apply?

Contact the admissions office at the school you are planning to attend to find out:

- Whether the school participates in the Midwest Student Exchange Program and
- Whether your degree program qualifies for the reduced tuition rate. When applying for admission to a participating school, you may need to indicate on the application that you are applying as a Midwest Student Exchange Program student. Special admission Requirements may apply, and participating schools may limit the total number of spaces available. Individual participating schools make enrollment and eligibility decisions for this program. For more information about the Midwest Student Exchange Program (MSEP) call 573/526-7958, or view the Midwest Exchange Brochure at www.dhe.mo.gov

COLLEGE FAIRS/OPEN HOUSES

THE INFINITE COLLEGE/SCHOLARSHIP FAIR will be held Saturday, February 27th at the St. Louis Airport Marriott Hotel from 9:00-1:00 PM. Students will need to pre-register online to attend at www.mohela.com/infinitescholar. It is also recommended that you bring copies of your transcript, two recommendation letters, and a resume.

SOUTHEAST MISSOURI STATE UNIVERSITY has set dates for their 2009-2010 Show Me Days. The dates are: February 13, and March 27. Show Me Day begins at 10 AM at the Show Me Center. The day will include a campus tour, complimentary lunch, and an academic fair. To attend any of these dates, please register at www.semo.edu, click on "Visit". You may also register by telephone at 573.651.2590.

TRUMAN STATE UNIVERSITY has set dates for their 09-10 Showcase Events. These events are designed to provide an introduction to the University for high school students who are beginning their college search. Please register online to attend any of the following dates at <http://admissions.truman.edu/visit/>.

- Saturday, January 23
- Saturday, February 20
- Saturday, April 24

RANKEN TECHNICAL COLLEGE has set dates for their 09/10 Open Houses. If you are interested in any of the dates listed below, please contact Ranken's Admission Office at 314-286-4809, or online at www.Ranken.edu.

- Sunday, Mar 7 - Spring Open House
- Thursday, Mar. 18 - Shadow-A-Tech Day
- Thursday, Apr. 8 - Shadow-A-Tech Day
- Wednesday, Apr. 21 - Automotive Shadow-A-Tech Day

CONCORDIA UNIVERSITY-AUSTIN has set their campus visit days for 2009-2010. To register for any of the following dates, please go online at condordia.edu/visit:

- January 16
- February 11-12
- March 15
- March 25-26
- April 24

UNIVERSITY OF MISSOURI-KANSAS CITY is hosting UMKC Visit Days on the following Dates:

- Monday, Feb. 15, 2010
- Saturday, March 13, 2010
- Friday, April 9, 2010

Please be sure and RSVP at www.umkc.edu/welcome

UNIVERSITY OF EVANSVILLE Have set dates for their 09-10 open houses. To register to attend any of the following dates, please visit their website at: www.evansville.edu/visit. The dates are:

- January 18, 2010
- March 20, 2010
- April 10, 2010

COVENANT COLLEGE is hosting a Preview Weekend this school year. The date is: April 15-17, 2010. To register to attend please visit their website at www.covenant.edu, or call toll-free 1-800-451-2683.

Engineer Your Career @ the University of Kansas Engineer Your Career is a half-day program on May 7, 2010 that lets junior high and high school girls learn about the fun of engineering and computer science. Participants meet KU students and learn about engineering disciplines. Cost is \$25 and includes lunch. Contact Florence Boldridge, director of Diversity & Women's Programs for the School of Engineering fboldridge@ku.edu, or 785-864-3620.

SWE Weekend of Engineering The KU Society of Women Engineers Weekend of Engineering is an opportunity for high school women to experience the University of Kansas campus and learn about career opportunities. The weekend program is packed with activities and information sessions as well as fun college events including Big 12 sports. The SWE Weekend of Engineering is geared toward juniors and seniors and will be held March 6-7. Cost is \$95. For more information, contact the Office of Diversity & Women's Programs, at women-engineers@ku.edu, or 785-864-2989.

Engineering Expo at the University of Kansas is a free two-day, student-run event that lets visitors of all ages explore the fascinating fields of engineering and computer science and demonstrate the amazing projects KU students have completed. Dates for the Expo are: Friday, Feb. 19 and Saturday, Feb. 20 at KU's Engineering Complex. There are cool, hands-on displays and tech-based contests for visitors. To learn more or to register www.kuesc.engr.ku.edu.

Exponent @ the University of Kansas an exclusive two-day look at engineering and computer science and the career potential they offer for high school juniors and seniors March 5-6, 2010. This interactive camp brings students on the KU campus for fun activities and a chance to meet KU Engineering faculty and students. Cost is to be determined and includes housing and meals. Contact Florence Boldridge, director of Diversity & Women's Programs for the School of Engineering, fboldridge@ku.edu, or 785-864-3620.

Chamberlain College of Nursing has set dates for upcoming campus events. For updates on events, visit chamberlain.edu/events. The dates are:

- Jan 12-Open House 5:00-7:00 PM
- March 24-Experience Nursing Day 9:00-12:00 PM
- April 17-Open House 10:00 AM-12:00 PM
- May 11-Open House 5:00 PM-7:00 PM

Maryville University has posted their 2009-2010 Campus Visit Programs. The programs are:

- **Dawg Days at Maryville** - This informative, interactive and comprehensive event will introduce you to every aspect of Maryville life. The remaining date is:
 - Monday, February 15
- **Saint for a Day** - Admitted students are invited to experience a day in the life of a Saint. Bring your sleeping bag and a pillow and spend Sunday evening on campus. Wake up Monday morning and shadow your Maryville host. The dates are:
 - March 14-15
 - March 28-29
 - April 11-12
- **Big Red Day** - It's never too early to see what it takes to become a SAINT. This program is designed for high school sophomores and juniors.
 - Saturday, April 17

Register for a visit program at maryville.edu/visit or call 800-MARYVIL

Missouri University of Science and Technology has set dates for their 2009-2010 Miner Days & Open Houses. The upcoming dates are:

- **Miner Days**
 - Friday, Jan. 15
 - Friday, Feb. 12
 - Friday, Mar. 5
 - Monday, Mar 15
 - Monday, Mar. 22
 - Monday, Apr. 5
 - Monday, Apr. 19
 - Friday, July 2
 - Friday, July 23
- **Open House**
 - Monday, Feb. 15
 - Friday, Apr. 9

To register for any of the above dates, please contact MO S&T at 1-800-522-0938, or visit.mst.edu.

University of Tulsa has set dates for their Campus Visitation Programs for the class of 2010. The remaining dates are: Monday, February 14-15. To register please contact the Office of Admissions at 1-800-331-3050, or www.utulsa.edu/admission/visits.

UNIVERSITY OF MISSOURI-SCHOOL OF MUSIC is hosting Mizzou Music Days on the following dates: Monday, Feb. 15, and Saturday, March 6. During your visit you will learn more about what the school of music has to offer and you will also be able to audition. For more information, please visit their website at music.missouri.edu.

ITT Technical Institute is hosting a High School Senior Open House on Saturday, February 6th from 9:00 AM to 1:00 PM. Instructors will be on hand to help answer your questions, and financial aid information will be available. You do not need to pre-register to attend.

SCHOLARSHIPS

WEBSITES TO SEARCH FOR SCHOLARSHIP INFORMATION - www.WeeklyScholarshipAlert.org, www.fastweb.com, and www.cappex.com. If you stop by the counseling center, we have a flier available for the FastWeb website if you would like to pick one up.

The American Legion has made their Need a Lift? College Financial Aid Handbook available online. Please visit their website at: www.legion.org/needalift.

Scholarship information may be found on the Naviance website and in the scholarship notebooks in the Counseling Center. Naviance may be accessed from the LHSN website home page. You will find Naviance listed in the lower right hand corner of the page, if you click on this link you will go directly to your Naviance sign-in page.

Normally, all the scholarships listed on Naviance may also be found in the scholarship notebooks. Please be sure to look through these books, and/or the website from time to time to see if there are any scholarship opportunities for you. We may update scholarships on a daily basis.

The scholarships listed on Naviance and in our notebooks are not a complete listing of all scholarships that may be found. These scholarships are ones that we have been mailed, or been made aware of. Please be sure to do additional searches on your own, as you may find scholarships that may apply to you that we are not aware of.

Senior Timeline - What you need to be doing!

- *Tip: Avoid the urge to ease up on your studies during senior year. Colleges look at how well you are able to balance your schoolwork with your activities and still maintain a good GPA.*
- Apply for outside funding and scholarships.
- Ask your parents to save their year-end payroll stubs if they show earnings for the year. You can use this information to start filling out the FAFSA.
- Contact colleges to obtain any financial aid applications they require in addition to the FAFSA and find out their deadlines. Private campus aid is often on a first-come, first-served basis.
- *Tip: Jan. 1 usually is the deadline for applications to some selective colleges. Others have deadlines later in January or February.*

SUMMER PROGRAM OPPORTUNITIES

We are updating all academic enrichment programs along with summer programs on Naviance. You may find the programs on Family Connection in the "About College" section, click on Enrichment Programs. There you will find information about programs we are aware of. This list will become more populated as we become aware of programs. Please check back from time to time for additions to this page.